






Registered Charity No. 1004354

## Did You Know?

-  Around 26,000 meals and 6,000 takeaways served to homeless and other disadvantaged groups annually
-  We help socially excluded and economically disadvantaged people to improve their employability
-  We deliver new beginnings to ex-offenders and generate social benefits to society through fewer victims of crime

---

## Get in Touch

St Saviour Wendell Park Church  
Cobbold Road | London | W12 9LN

T: 020 8740 5688 | E: [uradmin@theupperroom.org.uk](mailto:uradmin@theupperroom.org.uk)  
[www.theupperroom.org.uk](http://www.theupperroom.org.uk)



**Helping socially and economically disadvantaged people improve their lives and become productive members of society**

### **UR4Meals Project**

ur4meals@theupperroom.org.uk | 07772 565 815  
Open Monday to Friday 5:30pm to 6:45pm

We offer free meals to homeless and other economically disadvantaged people in a warm and hospitable environment. They are also provided with clothing, toiletries, blankets and other support. We have built strong links with various service providers, and can make onward referrals for additional support for service users as necessary.

### **UR4Jobs Project**

ur4jobs@theupperroom.org.uk | 07967 312 207  
Mon & Tue 12pm to 5pm, Wed - Fri by appointment only

A multilingual project helping destitute migrants and other disadvantaged groups to improve their employability, and avoid homelessness and crime. They are supported to develop the confidence and skills required to successfully secure employment or become self-employed. ESOL classes for non-English speakers are also available.

### **UR4Driving Project**

ur4driving@theupperroom.org.uk | 07967 328 564  
Open Monday to Friday 11am to 5pm

This project helps improve the employability of ex-offenders, and reduces their risk of re-offending. Participants engage in personal development training, voluntary work experience and peer mentoring. These activities make up a mandatory 80 hours of continued engagement before they are supported to learn to drive and achieve a full driving licence.